NOVEMBER/DECEMBER 2022

Giles County Gazette

UT TSU Extension Bi-Monthly E-Newsletter

The Family Gossip!

Tina Murray- eNews Editor

Talkin' Turkey

Thanksgiving is the most enjoyed holiday for families. It is that time of year where the scent of pumpkin spice is everywhere. The time of making lists of what everyone is thankful for. The time of year most everyone enjoys because they get to spend much needed time with family and friends. Cooking for a lot of people can be challenging sometimes, especially the turkey. Let's take a moment to talk turkey!

When looking for the perfect turkey, make sure to look at the label and see if the one chosen is large enough to feed everyone; allow at least 1 pound of turkey per person. Preparing a frozen turkey, if your turkey was frozen when purchased, keep it frozen until ready to thaw it for cooking. When ready to cook, thaw the turkey completely. The thawing process (for a whole turkey) is approximately 24 hours per 5 pounds. So, if your turkey is 5 to 12 pounds, it will take at least 1 to 3 days to thaw (in the refrigerator):

> 12 to 16 pounds= 3 to 4 days 16 to 20 pounds= 4 to 5 days 20 to 24 pounds= 5 to 6 days

Thawing in cold water does not take quite as long. Allowing approximately 30 minutes per pound, 4 to 12 pounds will take at least 2 to 6 hours. Changing water every 30 minutes;

> 12 to 16 pounds= 6 to 8 hours 16 to 20 pounds= 8 to 10 hours 20 to 24 pounds= 10 to 12 hours

Roasting times for a fresh or thawed turkey are the same. The following times should be used in conjunction with a thermometer placed in the proper place: (continued on page 2)

The Pasture Scoop!

Kevin Rose- Adult Agriculture

2023 January TN Master Beef Producer



3 Daytime sessions:

Wednesday, January 18 Wednesday, January 25 Wednesday, February 1



register!

More information will be sent to the email provided during registration

\$100/producer (includes meals, one certification, one sign, one cap)

\$150/couple (includes meals for two, one certification, one cap, and one sign)

\$50/additional guest (includes meals only)

Up-to-date BQA number is required for certification.

To schedule a renewal: <u>https://tiny.utk.edu/bqag</u> (https://tiny.utk.edu/bqag)

Registration link: <u>https://tiny.utk.edu/j23</u> (https://tiny.utk.edu/j23)

Payment link: <u>https://tiny.utk.edu/ag\$</u> (https://tiny.utk.edu/ag\$)

THE FAMILY GOSSIP

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Talkin' Turkey continued...

In a 325 F oven,

- 4-8 lbs. (breast) 1.5 to 3.25 hours
- 8-12 lbs. -- 2.75 to 3 hours
- 12-14 lbs.-- 3 to 3.75 hours
- 14-18 lbs. -- 4 to 4.25 hours
- 18-20 lbs. -- 4.25 to 4.5 hours
- 20-24 lbs. -- 4.75 to 5 hours

For a stuffed turkey, add 20-30 minutes of cooking time.

*Remember to wash hands and anything else, that has come in contact with raw turkey juices, using warm soapy water.

1 - Take the Guesswork out of Roasting a Turkey



THANKSGIVING CLOSING

Extension will be closed November 24-25





The Dirt!

Darby Allday- Horticulture

Keeping Holiday Greenery Fresh



ays

- Use clean, sharp cutters to cut branches and immediately put cut ends into water until ready to use.
- Crush the ends of woody stems to allow the cutting to take in more water.
- Keep greenery out of sunlight.
- Immerse greenery in water overnight before arranging. This allows the cuttings to absorb the maximum amount of moisture.
- Allow the foliage to dry and then spray it with an anti-transpirant, to help seal in moisture. Note: Do not use anti-transpirants on juniper berries, cedar, or blue spruce. The product can damage the wax coating that gives these plants their distinctive color.
- Keep completed wreaths, garlands, and arrangements in a cool location until use.
- Display fresh greenery and fruits out of direct sunlight and away from heat sources.
- Plan to replace dry or wilted greenery and shriveled fruits throughout the holiday season.

Source: Information for this article: Clemson Extension, Holiday Decorating with Fresh Greenery.

HOLIDAY CLOSING

Extension will be closed December 26-30 & January 2

Clover Beat!

Tina Murray- eNews Editor

New 4-H Agent ...coming soon!

Extension will begin the interviewing process mid-November to fill the vacant 4-H Agent position in Giles County. The new Agent will begin duties January 1, 2023. There is no way to know, at this time, what programs the new Agent will head up. Whatever they may be, it will be an exciting new adventure for the Giles County 4-H Program! Please help Extension welcome the new Agent with open arms and visions of success.

New Adult Agriculture & 4-H Agent ...coming soon!

Extension will begin interviewing the split position of Adult Agriculture and 4-H soon! Sadly we say good-bye to Darby Allday (aka Darby Young). Come along with me as we reminisce on Darby's 4-H and Extension Agent experiences. When Darby was younger, she participated in nearly every active 4-H program during her school-aged years. If you were at a livestock show, you better bet you'd see a Young there. The Young family was very active in 4-H. Their family believed in the 4-H program because not only did each one learn about sheep or any other livestock, how to give a speech, or present a demonstration; they would learn leadership skills that would carry throughout their adult years. With the skills Darby learned, she went on to achieve a Bachelors degree in Animal Science. When asked, Darby's most valued lesson as a 4-H'er was when she was a senior in high school. She said, "back then portfolios were called record books. I didn't give 100% to my record book, it was over looked, and someone else won. National Congress had always been my dream every since I was four or five yearsold when my brother Paul won and we stuck him on a plane to Chicago, Illinois. I wanted to be just like my brother and my dream was crushed because I slacked and my effort towards my record book was poor. I learned a valuable lesson that day, 'You get what you give'." It was a life lesson that she never forgot. Darby tries to instill how important it is to give 100% effort towards whatever project her 4-H'ers are participating in.

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I asked Darby what her greatest accomplishment is as an Agent. She said, "there have been a lot that I am proud to have been a part of but, the one that sticks out above all the others is the community garden Extension [partnered along with] and Tanglewood Apartments undertook" [to reach underprivileged youth], around 2009. Watching all of the youth there work everyday work hard to harvest the garden. The kids did everything, planting, watering, and harvesting. At the end of each day, the children would divide what was harvested and take it home. "A few of the kids saw that another child/family didn't always have enough food to eat and they [the other kids] asked if they could give their harvest to that child," that is what "tugged at my heart-strings". The garden pulled compassion and love out of each youth that was involved and taught them how to be a better citizen in their community. Darby said, "these kids were in the middle of town and most of them had no idea about farming, gardening, or anything of that nature." "It taught them that there are other possibilities and opportunities out there within their reach, she said."

Extension will miss Darby. We also asks for patience during this time as we are down two agents and one program assistant. It is our mission to move forward and continue our service to the community and its people in the same way that Darby has exemplified. We wish you all the best. Tell mama Junette, she did good!





Delia Marchant is this issues' 4-H'er spotlight. Delia, a homeschooler, is an 11th grader who participates in the Creative Clovers 4-H Club. Delia is a self- starter and has an everlasting,

bubbly personality. Delia's effective communication and inclusion abilities are two important life-skills that everyone needs to be successful in life. She never meets a stranger and always has a smile on her face. Delia's 4-H resume is super impressive and the reason behind the this issues pick. Currently, Delia is on the planning committee for this year's 4-H Prom and recently received the Spirit and Service award as a Teen Leader at 4-H Camp.

Congratulations Delia, for being an exceptional 4-H'er! Keep up the amazing work!

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating. UT Extension provides equal opportunities in programs and employment.

Jelia Varchant

Delia's 4-H resume is so impressive that we are only able to share a few highlights:

- Current member of Giles Youth Leadership
- Active member of 4-H Honor Club
- Active member and officer of 4-H Creative Clovers Homeschool club
- Serves as historian for Giles Master Gardeners
- An elected member of Tennessee State 4-H Council
- TN 4-H Representative at the State Fair, Keynote speaker at Marshall County 4-H Awards Banquet, TN Farm Bureau Federation Policy meeting
- Organized the signing of Giles County 4-H Week Proclamation with County Executive, Graham Stowe
- Served as Honor Club Secretary
- Co-Leader of newly formed Giles County Cloverbuds (4-H club for 3rd grade and under)
- Participated in Livestock Judging, Line and Design, Chick Chain Project, Speech Contest, and a team member of the Clover Bowl Team that won 4th place in Regional Contest
- Member of Tennessee Performing Arts Troupe
- 2022 All Star Initiate
- Certified Youth Volunteer
- 2022 Congress- Representative
- Ran for Governor (4-H Congress)
- Youth member of Tennessee Cattlemen's Association

Delia's resume has much more than is stated and the 4-H'er is very active in 4-H; and serves as an advocate for all youth in her community. For those interested in more information about 4-H, contact Extension at 931-363-3523 or email 4-H Program Assistant at cnelms4@utk.edu.



Permission was given to share this information publicly by the Marchant Family